Gold Market Primer
Market size and structure

April 2023

Gold is an attractive means of helping investors diversify their portfolios. Its relative scarcity supports its long-term investment appeal. But its market size is large enough to make it relevant for a wide variety of investors, from individuals to institutions and central banks.

This Primer gives an overview of the available above-ground stock of gold, the relative size of the financial gold market, and the composition of demand and supply that supports gold’s investment credentials.

- We estimate that approximately 209,000 tonnes of gold – worth US$12tn – have been mined throughout history.
- Jewellery makes up almost half of these above ground stocks, while gold in investment form (bars, coins and physically backed gold ETFs) accounts for almost a quarter.
- The physical financial gold market – made up of bars, coins, gold ETFs and central bank reserves – is worth nearly US$5tn, almost 40% of the total.
- The size of the market means it can absorb large purchases by, and sales from, institutional investors and central banks without resulting in price distortions.
- In addition, diversity underpins the stability of the gold market. Over the last three decades alone, dramatic shifts in the sources of demand and supply – both sectoral and geographic – have created a more diverse market.

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1 As at end 2022. Value is calculated using the LBMA Gold Price PM in USD.
A scarce asset with a large market

Gold has been prized for thousands of years. We estimate that approximately 209,000 tonnes of gold have been mined throughout human history, of which around two-thirds has been mined since 1950. And as gold is virtually indestructible, almost all of it is still available in one form or another.

To put this into perspective, all of the above-ground stock of gold – worth US$12tn – would fit into a cube with sides of approximately 22m (73ft) (Figure 1). Of this:

- Jewellery accounts for 46% (95,547t, US$6tn)
- Central banks hold 17% (35,715t, US$2tn) as reserves
- Bars and coins represent 21% (43,044t, US$3tn)
- Physically backed gold ETFs hold 2% (3,473t, US$0.2tn)
- The remainder, primarily industrial applications and holdings by financial institutions, is 15% (31,096t, US$2tn).

Importantly, gold is a scarce element and above-ground stocks grow at a slow rate. Mine production adds approximately 3,500t per year, equivalent to an annual 2% increment.

Financial gold is synonymous with bullion

The financial physical gold market is made up of bars, coins, gold ETFs and central bank reserves; this accounts for approximately 82,200t worth US$5tn, equivalent to 39% of total above-ground gold stocks. In addition, there is a significantly smaller reported US$1tn open interest in gold derivatives (Chart 1).

Gold’s liquidity is on a par with other major assets

Because gold can be recycled indefinitely, with only a fraction lost through technological and industrial use, a sizeable portion of the above-ground stocks can potentially be mobilised and sold on the secondary market. As a result, liquidity in the gold market is unmatched by most financial assets.

As well as physical gold holdings, derivatives traded on exchanges or the over-the-counter (OTC) market are available, helping to boost overall liquidity.

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2 Estimate as of end 2022.
3 As at end 2022; value calculated using the LBMA Gold Price PM in USD.
4 10-year average to end 2022.
5 www.britannica.com/summary/gold-chemical-element
Chart 2: Gold trades more than many other major financial assets
Average daily trading volumes over the last five years in US dollars*

<table>
<thead>
<tr>
<th>Asset Type</th>
<th>Average Daily Trading Volumes (in US$bn/day)</th>
</tr>
</thead>
<tbody>
<tr>
<td>German Bunds</td>
<td>15</td>
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<tr>
<td>U.S. Corporates</td>
<td>10</td>
</tr>
<tr>
<td>DJIA</td>
<td>8</td>
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<tr>
<td>UK Gilts</td>
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<tr>
<td>Euro/sterling</td>
<td>3</td>
</tr>
<tr>
<td>US T-Bills</td>
<td>2</td>
</tr>
<tr>
<td>Gold</td>
<td>1</td>
</tr>
<tr>
<td>S&amp;P 500</td>
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</tbody>
</table>

*Based on estimated average daily trading volumes from 31 December 2017 to 31 December 2022, except for currencies that correspond to April 2019 to April 2022 volumes due to data availability. Fixed income trading volumes include primary dealer statistics only due to data availability.

**Gold liquidity includes estimates on OTC transactions and published statistics on futures exchanges, and gold-backed exchange-traded products.


The gold market is also more liquid than many other major assets (Chart 2). Gold trading volumes averaged approximately US$149bn per day over the past five years, more than the Dow Jones Industrial Average and comparable to those of US 1–3-year treasuries and US T-Bills among primary dealers. 6

The size of the market allows it to absorb large purchases and sales from both institutional investors and central banks without resulting in price distortions. And in stark contrast to many financial markets, gold’s liquidity has not dried up, even during times of financial stress, making it a much less volatile asset.

Gold is a small but meaningful fraction of investable assets

Despite being a large and liquid market, the stock of gold bullion – bars, coins and gold ETFs – held by investors amounts to nearly US$3tn. This represents around 1% of the estimated US$266tn invested in financial assets globally excluding foreign reserve holdings by central banks (Chart 3). 7

Chart 3: Of the US$266tn invested in global financial assets, only 1% is currently invested in gold*

*Estimates include the global market capitalisation of all publicly traded stocks as at end 2022; the total value of outstanding debt securities as at Q2 2022; the assets under management of alternative assets as at end 2021; and investment holdings of gold bullion as at end 2022. Central bank holdings of gold and bonds were excluded.

Source: BIS, ICE Benchmark Administration, Metals Focus, Preqin, Thomson Reuters GFMS, World Federation of Exchanges, World Gold Council

While this implies that, on average, investors hold approximately 1% of gold in their portfolio, the reality is that gold holdings are not uniform. Institutional investors, for example, tend to be under-allocated to gold. Yet, our analysis shows that investors can greatly benefit from a 2% to 10% strategic allocation to gold depending on their investment objectives.

6 Based on estimated average daily trading volumes from 31 December 2017 to 31 December 2022.

7 As discussed in the previous section, the financial size of the gold market is US$5tn in bullion (plus US$1tn in derivatives). This represents 2% of estimated total financial assets of US$280tn held by both investors and central banks. We analyse the holdings by investors and central banks separately and their portfolio needs are different based on their investment objectives and the type of assets they hold.
Gold’s role in international reserves

Central bank reserve managers are tasked with investing vast sums of money in financial assets. While the ideal asset allocation strategy may vary for each institution, nearly all reserve managers adhere to the principles of safety, liquidity and return.

Gold is one of several traditional reserve assets – along with the US dollar, euro, British pound and Japanese yen – mostly in the form of sovereign debt securities. Our 2022 central bank survey shows that gold’s performance during times of crisis, its long-term store of value, and its lack of default/counterparty risk are key drivers behind gold ownership.

And its importance in international reserves is clear. At the end of 2022 central banks held around 35,715t of gold according to the IMF, worth approximately US$2tn. This means that gold accounts for 16% of total global allocated reserves, with only the US dollar and the euro holding greater shares (Chart 4).

Chart 4: Composition of total reserves (foreign exchange and gold)*

*Latest COFER data available at the time of writing was for Q3 2022. Excludes unallocated reserves. Note: We provide two separate sources for central bank data; results may differ depending on which data set is referenced. The source for our Gold Demand Trends publication and our above-ground stocks figures is primarily Metals Focus, which makes its own estimates of official sector activity incorporating what is reported to the IMF. The source for our monthly central bank statistics is the IMF IFS statistics (supplemented with data directly from central bank websites where needed and available).

Source: IMF COFER, IMF IFS, World Gold Council

However, there can be a sizeable divergence in gold holdings among central banks. For example, in 2022 developed market central banks held, on average, 21% of their total reserves in gold. In comparison, their emerging market counterparts held just 10%, although that figure has been climbing since 2010 when central bank demand for gold expanded rapidly.

Composition and trends of gold supply and demand

The gold market draws stability from its sources of demand and supply, which are diverse across both sectors and geographies.

Supply: Gold is supplied from a mix of mined (75%) and recycled gold (25%). Mine production is well diversified geographically, with no single region producing more than a quarter of the global total (Figure 2, p.5). This reduces the risk of supply shocks and contributes to gold’s relatively low volatility compared to commodities whose mining is more geographically concentrated. And recycling acts as a buffer when gold from primary production cannot meet demand, responding to fill the gap and balance the market.

Demand: Gold is bought around the world for multiple purposes – as a luxury good, a component in high-end electronics, a safe-haven investment, or a portfolio diversifier (Figure 3, p.5). Gold demand is also geographically diverse, with major gold markets present across the world. Emerging markets – dominated by China and India – represent around 75% of annual global gold demand, while developed markets account for the remainder.9

Major trends have reshaped gold demand

Gold has been a constant throughout human history. But over the last 30 years the global gold market has undergone significant structural change.

Wealth expansion and economic growth have been key in fuelling jewellery consumption, investment in technology and the acquisition of gold bars and coins. The introduction of physically-backed gold ETFs has also had a material impact on institutional investment demand for gold. And since 2010 central banks have shifted from net sellers to net buyers, using the asset to diversify their foreign reserves.

To read more, please see: 30 years of Gold Demand Trends

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8 Based on the 10-year annual average between 2013 and 2022.

9 Based on the 10-year annual average between 2013 and 2022. Gold demand here includes jewellery, technology, bars and coins, and gold ETFs.
**Figure 2: Gold mining is geographically diverse, helping to reduce volatility**

*Computed using average annual mine production from 2012 to 2021.*

Source: Metals Focus, World Gold Council

**Figure 3: Gold has a diverse demand base: a luxury good, a technological component, and an investment**

*Based on 10-year average annual net demand estimates ending in 2022, including jewellery and technology net of recycling, in addition to bars and coins, ETFs and central bank demand, which are historically reported on a net basis. It excludes OTC demand owing to limitations in data availability. Figures may not add up to 100% due to rounding. US dollar value computed using the 2022 annual average LBMA Gold Price PM of US$1,800/oz.

** Net jewellery and technology demand computed assuming 90% of annual recycling comes from jewellery and 10% from technology. For more details, see: https://www.gold.org/goldhub/research/market-primer/recycling*

Source: Metals Focus, Refinitiv GFMS, World Gold Council
About the World Gold Council

We’re the global experts on gold.

Leveraging our broad knowledge and experience, we work to improve understanding of the gold market and underscore gold’s value to individuals, investors, and the world at large.

Collaboration is the cornerstone of our approach. We’re an association whose members are the world’s most forward-thinking gold mining companies. Combining the insights of our members and other industry partners, we seek to unlock gold’s evolving role as a catalyst for advancements that meet societal needs.

We develop standards, expand access to gold, and tackle barriers to adoption to stimulate demand and support a vibrant and sustainable future for the gold market. From our offices in Beijing, London, Mumbai, New York, Shanghai, and Singapore, we deliver positive impact worldwide.

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