

Notification of Sources of Distributions Pursuant to Section 19(a) of the Investment Company Act of 1940

Quarterly Distribution for Sprott Focus Trust, Inc.

Quarterly distributions in amounts listed in the table below are to be paid on the Common Stock of Sprott Focus Trust, Inc. (the "Fund" or "FUND"). The distribution, optionally payable in additional shares of Common Stock, or in cash by specific stockholder election, is to be paid on September 26, 2016 to stockholders of record at the close of business on September 15, 2016 (ex-dividend on September 13, 2016). The price of shares issued for reinvestment will be determined on September 22, 2016.

	Distribution Per Share
FUND	\$0.0900

The reinvestment price is determined on the valuation date by the lower of the last reported sale price at the close of regular trading on the Fund's listing Exchange or the net asset value ("NAV") per share on the valuation date (but not less than 95% of the last reported sale price on that date).

The Fund's estimated sources of the distribution to be paid on September 28, 2016 and for 2016 year-to-date are as follows:

Estimated Allocations as of August 31, 2016

	Distribution Per Share	Net Investment Income	Net Realized Short-Term Gains	Net Realized Long-Term Gains	Return of Capital
FUND	\$0.0900	\$0.0394 (44%)	\$0.0092 (10%)	\$0.0414 (46%)	\$0.0000 (0%)

Estimated Allocations for 2016 through August 31, 2016

	Distribution Per Share	Net Investment Income	Net Realized Short-Term Gains	Net Realized Long-Term Gains	Return of Capital
FUND	\$0.2800	\$0.1225 (44%)	\$0.0286 (10%)	\$0.1289 (46%)	\$0.0000 (0%)

You should not draw any conclusions about the Fund's investment performance from the amount of the current distribution or from the terms of the Fund's Distribution Policy. The amounts and sources of distributions reported herein are only estimates and are not being provided for tax reporting purposes. The actual amounts and sources of the amounts for tax reporting purposes will depend upon the Fund's investment experience during the remainder of its fiscal year and may be subject to changes based on tax regulations. The Fund will send you a Form 1099-DIV for the calendar year that will tell you how to report these distributions for federal income tax purposes.

SPROTT FOCUS TRUST

(NASDAQ-FUND) CUSIP 85208J109

Fund Performance and Distribution Rate Information:

	Average Annual Total Return (in relation to NAV for the 5-year Period Ending on 8/31/2016) ¹	Annualized Current Distribution Rate (expressed as a Percentage of NAV as of 8/31/2016) ²	Cumulative Total Return (in relation to NAV for the Fiscal Year through 8/31/2016) ³	Cumulative Fiscal Year Distribution Rate (as a Percentage of NAV as of 8/31/2016) ⁴
FUND	5.89%	4.49%	20.31%	3.49%

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¹ Average Annual Total Return in relation to NAV represents the compound average of the Annual NAV Total Returns of the Fund for the five year period ended August 31, 2016. Annual NAV Total Return is the percentage change in the Fund's NAV over a year, assuming reinvestment of distributions paid.

² The annualized Current Distribution Rate is the current fiscal period's distribution rate annualized as a percentage of the Fund's NAV as of August 31, 2016.

³ Cumulative Total Return is the percentage change in the Fund's NAV from December 31, 2015 to August 31, 2016, assuming reinvestment of distributions paid.

⁴ The Cumulative Fiscal Year Distribution Rate is the dollar value of distributions for the fiscal year period (January 1, 2016 to September 30, 2016), as a percentage of the Fund's NAV as of August 31, 2016.